

# QUESTIONS TO ASK PROSPECTIVE COUNSELORS OR THERAPISTS

Counselor/Therapist: \_\_\_\_\_ Date/Time: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Fax: \_\_\_\_\_

Questions	Notes
What experience do you have working with children with learning disabilities and/or AD/HD?	
What is your experience working with children my child's age?	
What is your experience in the development of IEPs (or 504 Plans)?	
What would a typical session with my child look like?	
Could you describe how you would work with our family? <ul style="list-style-type: none"> <li>• How often would I get an update on my child?</li> <li>• How often do you like to work with parents?</li> </ul>	
Money is an issue for us. What could we expect to accomplish in a limited period of time in therapy?	
Do you currently have a regularly available appointment time?	<input type="checkbox"/> Yes <input type="checkbox"/> No
What are your fees? (Do you have a sliding fee scale?)	
What is your policy for cancellation of an appointment?	
Are you willing to work with my child's teacher or physician when necessary?	<input type="checkbox"/> Yes <input type="checkbox"/> No

This worksheet offers suggested questions to ask when interviewing a counselor or therapist. Parents are in the best position to decide which questions are appropriate for their own family and circumstances. Please delete, revise, or add questions to make the worksheet most suitable for your needs. For more information on this topic, see our related article: "How a Counselor or Therapist Can Help Your Child and Family": <http://www.schwablearning.org/articles.asp?r=83>

